





GLAUCOMA: IMPROVING OUTCOMES & QUALITY OF LIFE

LAURA CRAWLEY

CONSULTANT GLAUCOMA & CATARACT SURGEON

CLINICAL DIRECTOR OPHTHALMOLOGY IMPERIAL NHS TRUST

HONORARY SENIOR LECTURER IMPERIAL COLLEGE LONDON

GLAUCOMA



- LIFELONG TREATMENT
- MISSING THE BOAT- FUNCTIONAL VISUAL LOSS
- OVER-DIAGNOSIS AND BURDEN OF TREATMENT
- ENJOYING THE SIDE EFFECTS OF TREATMENT



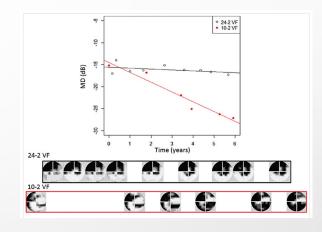






WHAT ARE WE TRYING TO ACHIEVE

- DETECT DISEASE
- PREDICT FUNCTIONAL LOSS
- DETECT PROGRESSION



- MEASURE RATE OF CHANGE AND EXPECTED SEVERITY OF FUNCTIONAL LOSS
- EQUITY OF ACCESS- LATE PRESENTATION, POORER OUTCOME



RECORDING ANTERIOR SEGMENT FINDINGS

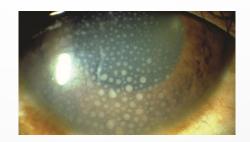


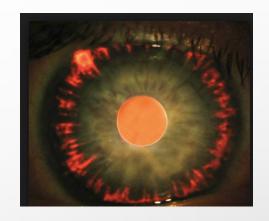


- CCT
- CORNEAL ENDOTHELIUM
 - SPINDLE
 - ENDOTHELIAL CELL MORPHOLOGY
 - KPS



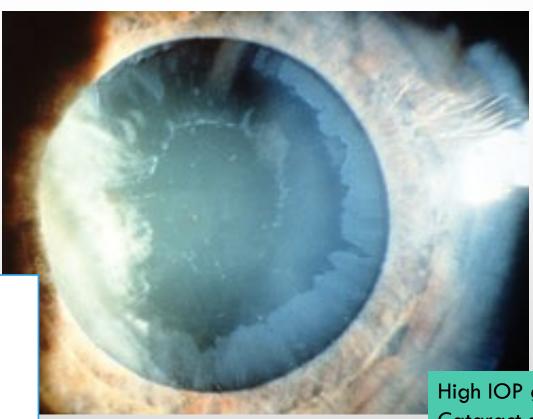
- PDS, PREVIOUS ANGLE CLOSURE, TRAUMA, SURGERY, PI, "BLUE EYES"
- CONJUNCTIVA
 - RED, PREVIOUS VR SURGERY, PREVIOUS GLAUCOMA SURGERY, RA
- PUPIL
- POSTERIOR SYNECHIAE, PXF, POST PHACO PUPIL OBSERVATIONS







PSEUDOEXFOLIATION



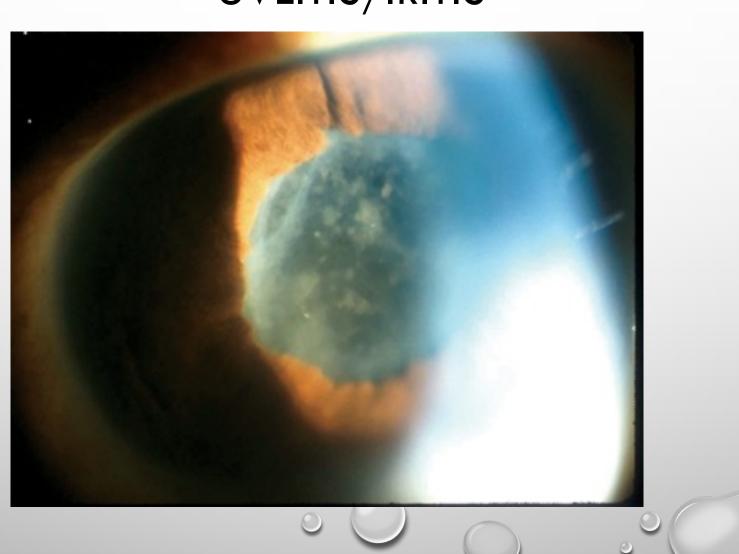
Pupil Margin

On surface of lens

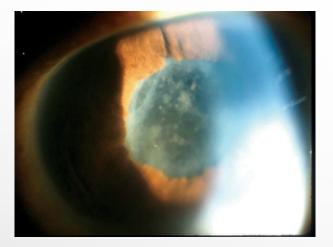
Glaucoma Risk

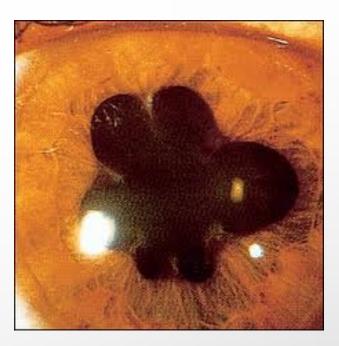
High IOP glaucoma Cataract surgery significant increased risk

UVEITIS/IRITIS

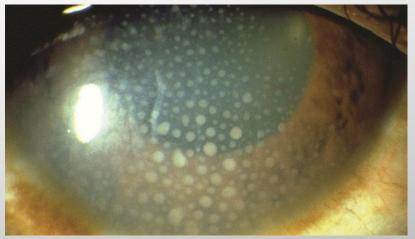


UVEITIS









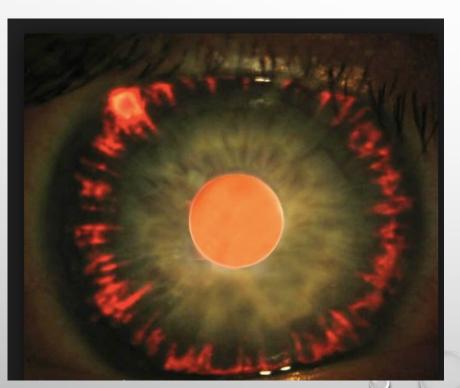
HETEROCHROMIA



Associated with Uveitis, cataract and raised pressure

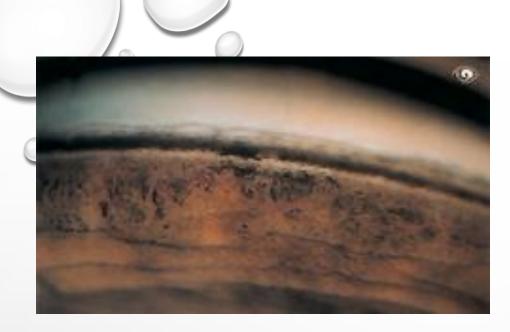
PIGMENT DISPERSION SYNDROME

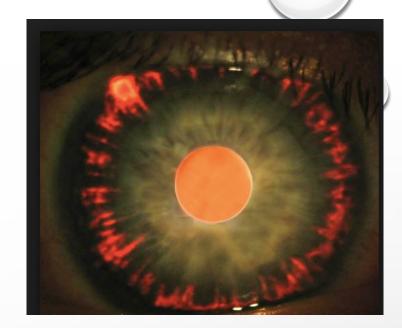




Iris Transillumination
Iris rubs against the lens
Pigment released
Clogs the net Trabecular Meshwork







Pigment Dispersion Syndrome



CASE REPORT

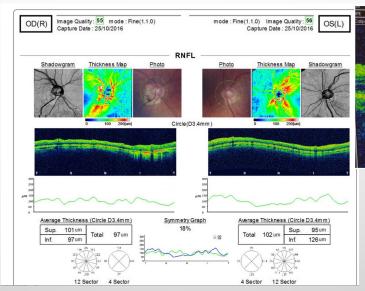
Open Access

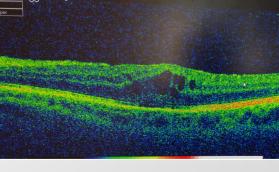
(CrossMark

Case report of secondary pigment dispersion glaucoma, recurrent uveitis and cystoid macular oedema following inadvertent implantation of an intraocular lens into the ciliary sulcus following cataract surgery

Alastair Porteous* and Laura Crawley







CONSIDER....





GLAUCOMA TREATMENT IS FOR LIFE

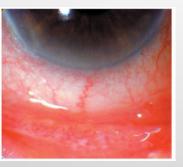
NEVER START JUST IN CASE

BASELINE DATA CRITICAL

GLAUCOMA

- LIFELONG TREATMENT
- MISSING THE BOAT- FUNCTIONAL VISUAL LOSS
- OVER-DIAGNOSIS AND BURDEN OF TREATMENT
- ENJOYING THE SIDE EFFECTS OF TREATMENT









GLAUCOMA & COVID RESET & RECOVERY

- IMMENSELY CHALLENGING
- DROP CHANGES, QUERIES, DRY EYE ETC
- SERVICE/ RESOURCE MISMATCH







TOPICAL TREATMENT



1. Prostaglandin analogues- first line treatment

 Latanoprost (xalatan), bimatoprost (Lumigan), travoprost (Travatan) tafluprost (Saflutan

2. Beta blockers

Timolol

3. Alpha agonists

Brimonidine (alphagan), iopidine

4. Carbonic anhydrase inhibitors

- Dorzolamide (Trusopt), brinzolamide (Azopt)
- Combination therapies

We sometimes inadvertently create problems for ourselves & patients

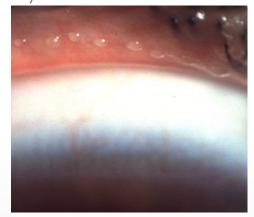
Diagnostic hubs
Provider agnostic
Community care/clinics

Ocular Surface disease

- Leading cause of patient visits to ophthalmologist in the developed world
- 15% OSD over age 65 years
- Prevalence of glaucoma in patients with OSD 65.7%
 - Tsai et al., Cornea 2006
- Symptoms

• Itchy/burny eye, red, scratchy, blurred vision, dry eye, tears running down face, gritty in morning, grey/mucus discharge, fatigue, smeary vision, foreign body sensation......







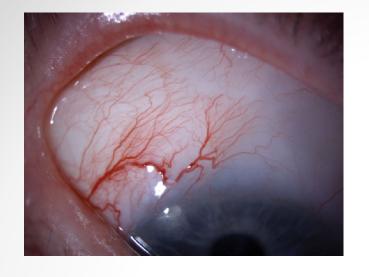
Preservative free/BAK free drops



- EGS guidelines state preserved eye drops should be avoided in patients requiring long-term therapy and/or with existing OSD
- Dose-dependent and cumulative toxic effects of BAK are linked with ocular surface changes
- Chronic use of BAK-preserved eye drops impairs corneal and conjunctival healing











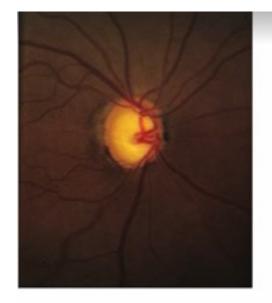
- EGS Guidelines state: 'An unwanted effect of BAK is a reduction in the success rate of filtering surgery
- Time to surgical failure is shorter in patients using higher pre-operative daily doses of BAK
- Each additional BAK-containing drop increases the risk of early failure by a factor of 1.21

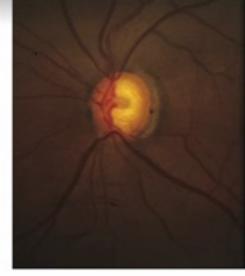
Preservative free drops

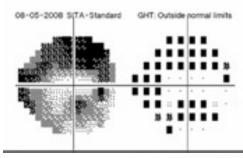
- Cost
- Cost of under treatment due to poor compliance
 - Unused medications
 - Prescribing multiple bottles that are never used
 - Increased visits to OPD and GP
 - Surgery and laser Rxs
 - Visual impairment
- Packaging
- Storage

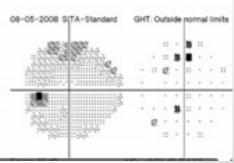
Clinical Case

- 58 y old male
- · POAG
- IOP max 32,34mmHg
- -3 myope
- CCT 570microns
- Travoprost nocte
- Timolol 0.25% BD





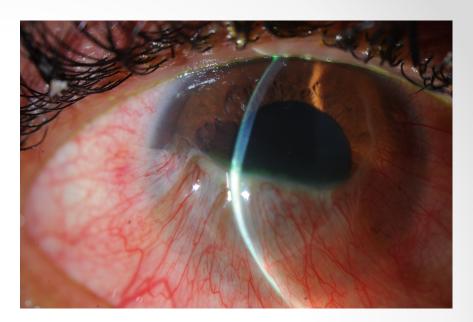


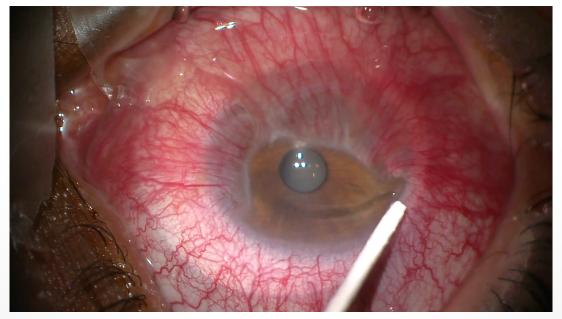


Type 2 hypersensitivity Antibody mediated











Tubes Glaucoma Drainage Devices



INFLOW- ECP

OUTFLOW-SLT

BOTH? MICROPULSE CYCLOPHOTOCOAGULATION

Selective laser trabeculoplasty versus eye drops for first-line treatment of ocular hypertension and glaucoma (LiGHT): a multicentre randomised controlled trial



Gus Gazzard, Evgenia Konstantakopoulou, David Garway-Heath, Anurag Garg, Victoria Vickerstaff, Rachael Hunter, Gareth Ambler, Catey Bunce, Richard Wormald, Neil Nathwani, Keith Barton, Gary Rubin, Marta Buszewicz, on behalf of the LiGHT Trial Study Group*



Summary

Background Primary open angle glaucoma and ocular hypertension are habitually treated with eye drops that lower intraocular pressure. Selective laser trabeculoplasty is a safe alternative but is rarely used as first-line treatment. We compared the two.

Methods In this observer-masked, randomised controlled trial treatment-naive patients with open angle glaucoma

Lancet 2019; 393: 1505-16

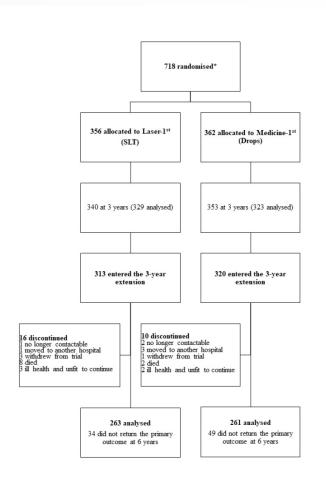
Published Online March 9, 2019 http://dx.doi.org/10.1016/ 50140-6736(18)32213-X

This online publication has

SLT Nd-:YAG 532nm Spot size 400µm Exposure 3ns Power 0.4-1.2mJ

- Cost effective
- No significant difference in health related quality of life or clinical outcomes
- Cheaper
- 73% drop free at 3 years

LIGHT TRIAL 6 YEAR DATA

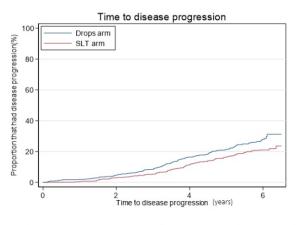


- 692 PATIENTS COMPLETED 3
 YEAR OUTCOMES
- 524 COMPLETED 6 YEARS

73% OF ORIGINAL COHORT

LIGHT TRIAL 6 YEAR DATA

- 69.8% SLT GROUP AT OR BELOW TARGET –NO DROPS
- MORE EYES IN DROP GROUP PROGRESSED 26.8% VS 19.6% SLT
- 90% NEEDED 2 SLT TREATMENTS



Number of patients at	0	2	4	6*
risk / years				
Drops arm	361	335	282	235
SLT arm	355	339	287	243

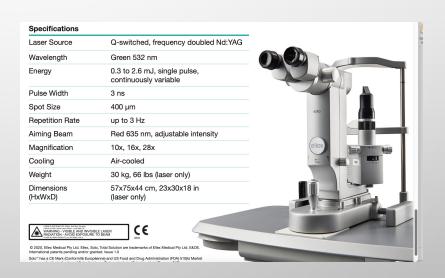
Eyes initially treated with SLT had higher IOP at 72 months compared to eyes initially treated with IOP-lowering eye drops (16.3mmHg vs 15.4mmHg, respectively, p<0.001); however, VF MD loss and visual acuity at 72 months were similar between the two groups (-4.0dB vs -3.9dB, and 0.1 vs 0.1, respectively, both p>0.05)





- NO DEPENDENCE ON PATIENT BEHAVIOUR
- NO DEPENDENCE ON GP/PHARMACY/SUPPLY CHAIN...
- ACCESS- EQUITY & SERVICE DEMAND MISMATCH
 - LEARN FROM IVT

• EYE DROPS





MICROPULSE DIODE LASER

> Graefes Arch Clin Exp Ophthalmol. 2020 May;258(5):1073-1079. doi: 10.1007/s00417-020-04611-0. Epub 2020 Feb 8.





Micropulse transscleral cyclophotocoagulation: initial results using a reduced energy protocol in refractory glaucoma

Niten Vig ¹, Sally Ameen ², Philip Bloom ², Laura Crawley ², Eduardo Normando ² ³, Alastair Porteous ², Faisal Ahmed ²

ORIGINAL STUDIES

Affiliations + expand

PMID: 32036425 DOI: 10.1007/s00417-020-04611-0

Repetitive short-pulse transscleral cyclophotocoagulation for glaucoma

Interventional procedures guidance Published: 28 April 2021

www.nice.org.uk/guidance/ipg692

Outcomes of Micropulse Transscleral Cyclophotocoagulation in Eyes With Good Central Vision

Varikuti, Venkata N.V. PhD, MBA*; Shah, Parth DO*; Rai, Oshin BS†; Chaves, Ariel C. MD^{†,‡,§}; Miranda, Alex MD*; Lim, Boon-Ang MD†; Dorairaj, Syril K. MD†; Sieminski, Sandra F. MD* **Author Information** ✓

> Eur J Ophthalmol. 2021 Jan;31(1):112-119. doi: 10.1177/11206/211987/586. Epub 2019 Sep 23.

Micropulse transscleral cyclophotocoagulation using a standard protocol in patients with refractory glaucoma naive of cyclodestruction

Soufiane Souissi ¹, Christophe Baudouin ¹, Antoine Labbé ¹, Pascale Hamard ¹

Affiliations + expand

PMID: 31544505 DOI: 10.1177/1120672119877586

Laser Trabeculoplasty with MicroPulse™ technology (MLT) offers a more precise way to target the trabecular meshwork than Selective Laser Trabecuplasty (SLT).

- Thermally afects without destroying pigmented TM
- Creates no visible tissue reaction
- Smaller 300um spot size to better access narrow angles
 - raccess
 w angles
 ment risks are reduced or eliminated, wi



Treatment risks are reduced or eliminated, with increased patient comfort than with conventional, continuous-wave laser treatment

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E National Institute for Health and Care Excellence

guidance

Repetitive short-pulse transscleral cyclophotocoagulation for glaucoma

Interventional procedures guidance Published: 28 April 2021 www.nice.org.uk/guidance/ipg692



- 1.1 Evidence on the safety of repetitive short-pulse transscleral cyclophotocoagulation for glaucoma shows no major safety concerns. Evidence on efficacy is inadequate in quality. Therefore, this procedure should only be used in the context of research. Find out what only in research means on the NICE website.
- 1.2 Further research should ideally be in the form of randomised controlled trials comparing the procedure with standard care. It should report details of patient selection, particularly whether the glaucoma is refractory or non-refractory. Outcomes should include duration of effect.





BIG THINGS HAPPEN IN SMALL SPACES

CATARACT SURGERY MOST COMMON OPERATION IN THE

NHS

Year-long waits for su level since 2008, says

In September, 139,545 people had been wa for an operation

Coronavirus - latest updates
 See all our coronavirus coverage

Kat Lay, Health Editor
Friday November 13 2020,

Friday November 13 2020, 12.00am, The Times

The ROYAL COLLEGE of OPHTHALMOLOGISTS

Denis Campbell Health policy editor

Thu 12 Nov 2020 20.02

National Ophthalmology Database Audit

Key Findings Summary 2018-2019

The RCOphth NOD audit quality assures NHS cataract surgical services for patients. Approximately 452,000 cataract operations are undertaken in England and 20,000 in Wales during 2018-2019. Cataract surgery is the most frequently performed surgical procedure in the UK.

The RCOphth NOD enables a cataract surgeon to compare their performance against that of their peers nationally. It is a vital safeguard of patient safety and a promoter of best practice, potentially eradicating variation in the provision of cataract surgery and patient care. The RCOphth NOD enables informed decision making and choice for patients.

This fourth prospective national annual report is a snapshot of the standards of surgical performance and care and continues to clearly indicate that high quality surgery is being delivered to NHS patients.

Two primary indicators of surgical quality are audited

- Posterior capsular rupture (PCR) a break in the posterior capsule of the lens, which can
 occur as a complication of cataract surgery. PCR is the most important, and only potentially
 modifiable predictor of visual harm from surgery.
- Visual Acuity (VA) Loss (visual harm from surgery) for cataract surgery, the most important outcome is improved vision; this is what matters most to patients.





Health leaders urge Sunak to increase NHS spending

NHS Providers warns hundreds of thousands of patients could be at risk



New data show a 100-fold plus increase over the past year in the number of people waiting more than 12 months for hospital treatment © Victoria Jones/POOL/AFP/Getty

CORONAVIRUS

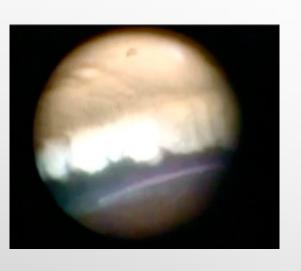
NHS waiting times show backlog caused by coronavirus

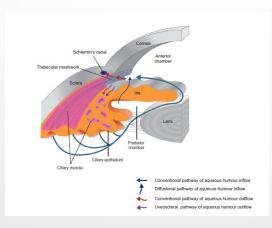


A huge backlog was created as planned treatments were postponed to help staff cope with coronavirus patients
THES PHOTOGRAPHER IAMES GLOSSOP

The number of patients waiting longer than 12 hours on trolleys in casualty departments quadrupled last month, in figures branded

CATARACTS THE EQUATOR, IN FRONT AND BEHIND







CATARACTS THE EQUATOR, IN FRONT AND **BEHIND**



Effectiveness of early lens extraction for the treatment of primary angle-closure glaucoma (EAGLE): a randomised controlled trial

Augusto Azuara-Blanco, Jennifer Burr, Craig Ramsay, David Cooper, Paul J Foster, David S Friedman, Graham Scotland, Mehdi Javanbakht, Claire Cochrane, John Norrie, for the EAGLE study group

Background Primary angle-closure glaucoma is a leading cause of irreversible blindness worldwide. In early-stage Lancet 2016; 388: 1389-97 disease, intraocular pressure is raised without visual loss. Because the crystalline lens has a major mechanistic role, See Editorial page 1349 lens extraction might be a useful initial treatment.

Methods From Jan 8, 2009, to Dec 28, 2011, we enrolled patients from 30 hospital eye services in five countries. Randomisation was done by a web-based application. Patients were assigned to undergo clear-lens extraction or receive standard care with laser peripheral iridotomy and topical medical treatment. Eligible patients were aged 50 years or older, did not have cataracts, and had newly diagnosed primary angle closure with intraocular pressure 30 mm Hg or greater or primary angle-closure glaucoma. The co-primary endpoints were patient-reported health status, intraocular pressure, and incremental cost-effectiveness ratio per quality-adjusted life-year gained 36 months after treatment. Analysis was by intention to treat. This study is registered, number ISRCTN44464607.

Findings Of 419 participants enrolled, 155 had primary angle closure and 263 primary angle-closure glaucoma. 208 were assigned to clear-lens extraction and 211 to standard care, of whom 351 (84%) had complete data on health status and 366 (87%) on intraocular pressure. The mean health status score (0.87 [SD 0.12]), assessed with the European Quality of Life-5 Dimensions questionnaire, was 0.052 higher (95% CI 0.015-0.088, p=0.005) and mean intraocular pressure (16·6 [SD 3·5] mm Hg) 1·18 mm Hg lower (95% CI -1·99 to -0·38, p=0·004) after clear-lens extraction than after standard care. The incremental cost-effectiveness ratio was $\mathcal{L}14284$ for initial lens extraction versus standard care. Irreversible loss of vision occurred in one participant who underwent clear-lens extraction and three who received standard care. No patients had serious adverse events.

See Comment page 1352 Centre for Public Health Queen's University Belfast (Prof A Azuara-Blanco PhD); of St Andrews, St Andrews, UK (J Burr MD); Health Services (Prof C Ramsay PhD D Cooper PhD, G Scotland PhD, Prof I Norrie PhD), Health Economics Research Unit (G Scotland, M Javanbakht PhD), and Centre for Health Care (Prof I Norrie). University of Aberdeen, Aberdeen, UK; NIHR Moorfields Eve Hospital and

University College London, UK









EFFECTIVE LENS POSITION & REFRACTIVE OUTCOMES PAC & PACG

- MISCONCEPTION THAT PAC IS EXCLUSIVE TO SHORT HYPEROPIC EYES
- INCREASING PREVALENCE OF PAC/PACS IN AXIAL MYOPIA
- MANY HAVE GOOD PREOPERATIVE CORRECTED VISION
- INCREASING SAFETY & PREDICTABILITY OF LENS SURGERY IN PAC/PACG
- INCREASING PRESSURE TO GET POST OPERATIVE REFRACTION RIGHT
- HIGH EXPECTATIONS
- DESPITE RATIONALE FOR SURGERY BEING PRESSURE CONTROL & SIGHT SAVING RATHER THAN A REFRACTIVE PROCEDURE



Effectiveness of early lens extraction for the treatment of primary angle-closure glaucoma (EAGLE): a randomised controlled trial



 $Augusto\ Azuara-Blanco, Jennifer\ Burr, Craig\ Ramsay, David\ Cooper, Paul\ J\ Foster, David\ S\ Friedman, Graham\ Scotland, Mehdi\ Javanbakht, Claire\ Cochrane, John\ Norrie, for\ the\ EAGLE\ study\ group$



Summary

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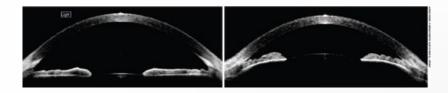
taret 2016; 388: 1389-97

disease, intraocular pressure is raised without visual loss. Because the crystalline lens has a major mechanistic role,

see Editorial page 1349

lens extraction might be a useful initial treatment.

Centre for Public Health,



	Clear-lens extraction (n=208)	Laser peripheral iridotomy (n=211)	Missing data
Demographics	A 1/1 W 1 1/1		
Women	122 (59%)	121 (57%)	0
Chinese origin	62 (30%)	66 (31%)	0
Age (years)	67-0 (61-0-73-0)	67-0 (61-0-73-0)	0
IOP (mm Hg)	30·0 (24·0 to 33·0)	30-0 (26-0 to 33-0)	0
Axial length (mm)	22.5 (22.0 to 23.1)	22-7 (22-1 to 23-2)	7
Anterior chamber depth (mm)	2.5 (2.3 to 2.7)	2-5 (2-3 to 2-7)	17
Refractive error (dioptres)	1.6 (0.5 to 3.0)	1-1 (0-0 to 2-4)	39



MIGS

- MULTIPLE DEVICES TARGETING DIFFERENT **OUTFLOW PATHWAYS**
- LONG-TERM DATA EMERGING
- COST EFFECTIVE & CLINICALLY EFFECTIVE
- EMERGING NEW GOLD STANDARD FOR CATARACT SURGERY IN GLAUCOMA **PATIENTS**

■ DUACO + DDOCEDLIDES

MINIject and Surgical Procedure

MINIJECTTM

- · Made of proprietary STAR® material
- Soft, flexible with anti-fibrotic properties
- · Micro-pores enable a natural flow speed of fluid



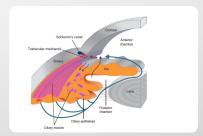
- Stand-alone, supraciliary space
- Ab interno approach, ≤ 2.2mm corneal incision
- · Bleb-free surgery, no MMC or 5-FU required
- Only 0.5mm of the implant remains in the anterior chamber









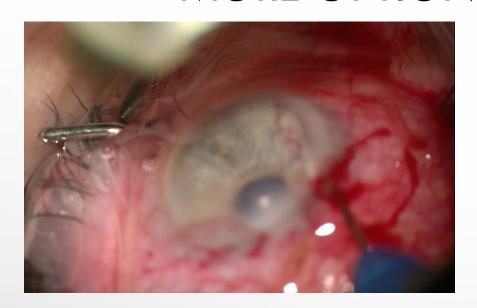


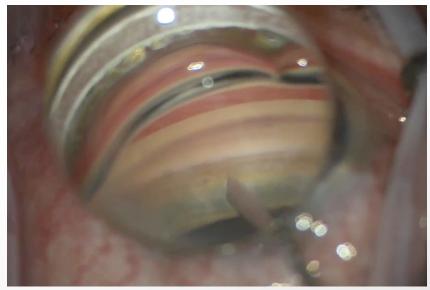
MIGS- A NEW GOLD STANDARD

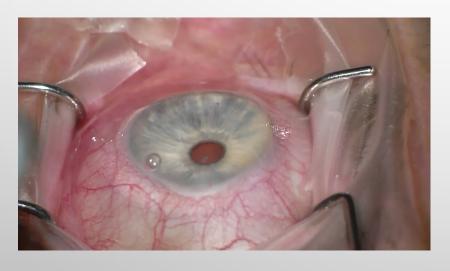




MORE OPTIONS THAN EVER









SUMMARY

- QUALITY OF LIFE IMPORTANT IN CHRONIC DISEASE
- MORE OPTIONS THAN EVER BEFORE
- SLT FIRST LINE TREATMENT
- MIGS CONTINUES TO DEVELOP
- CATARACT SURGERY IN GLAUCOMA/OHT PATIENTS



- TRANSCLERAL MICRO PULSE DIODE LASER
 - EXCELLENT SAFETY PROFILE
 - FRAIL PATIENTS
 - NATIONAL REGISTRY
- DROPS HERE TO STAY
 - PRESERVATIVE FREE
 - TREAT OCULAR SURFACE DISEASE

